



RWC CREW TALK

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MIDWEST WIRELESS ADDITION

Robert W. Carlstrom Co., Inc. is extremely pleased to be constructing a 52,000 square foot addition to the Midwest Wireless corporate office building in the Eastwood Industrial Centre in Mankato, MN.

R.W. Carlstrom recently completed the extensive footings and foundation walls which enabled Wells Concrete to begin setting pre-cast wall panels and columns. The project team has been working very hard to make this project move along. Paulsen Architects, Southern Minnesota



**Aerial picture of construction at Midwest Wireless taken Nov. 6th
Architect: Paulsen Architects**

Construction, Javens Electric, Schwickerts, and Wells Concrete have all played very important roles in making this project progress as smoothly as it has. We look

forward to the work ahead on this highly visible project. Construction will be completed in mid July of 2004 allowing Midwest Wireless to occupy their new space and continue to expand on their success in the wireless communications industry.

**Jeremy Hatlevig
Project Manager**

Midwest Wireless Civic Center Luxury Suites

Work has just been completed at the Midwest Wireless Civic Center to add an additional three luxury suites. Robert W. Carlstrom Co., Inc. was hired for construction management services with an estimated project value of \$150,000. Through value engineering and structural design modifications, we were able to bring the project in under \$97,000, and in time for first ice. This is a classic example of a budget driven project where the construction and design team digs in and achieves a common goal.....to save the owner time and money. A big thanks to the entire team.

**Bill Sabel
Project Manager**



**Civic Center Luxury Suites
Architect: I & S Engineers & Architects**

Are you using our new direct numbers?

**Scott Umhoefer 507-344-4901
Lee Carlstrom 507-344-4902
Bill Sabel 507-344-4903
Jeremy Hatlevig 507-344-4904
Dan Gjerde 507-344-4905
Al Hagen 507-344-4911**

**Lori Krueger 507-344-4914
Becky Thompson 507-344-4915
Steve Tollefson 507-344-4916
Andrea Peterson 507-344-4917
Rachel Dent 507-344-4918
Warehouse 507-344-4923**



Work Clothes and Job Site Safety

When you are getting ready for work in the morning, you probably don't think about how the clothes you wear affect your safety on the jobsite. However, clothes do play a part, and with the colder months upon us, it is even more important to consider how your clothes will affect job site safety.

PANTS:

If pants are too long, you are at risk of catching your heel while coming down a ladder, or tripping over your pants while backing up.

SHIRTS:

Sleeves that are too long or shirts that are too baggy also pose a threat, because they can easily get caught in moving machinery. If your sleeves are long, keep them buttoned at the wrist, do not roll them or leave them loose. It is also a good idea to keep your shirt tucked in while on the job site.

GLOVES:

In the cold weather, wool gloves are the best choice for warmth. If you need to wear leather gloves for protection, consider a pair of wool lined leather gloves, or wear a pair of wool gloves underneath your leather pair.

FOOTWEAR:

Job site work requires both sturdy and comfortable footwear. Tennis shoes are not acceptable footwear on a construction site. A good pair of work boots will protect you from crushed toes, protruding nails, and also give you support to prevent twisting an ankle. If you are working in concrete, you should always wear rubber boots. Wet concrete on your feet can cause concrete burns. In cold weather it is important to keep your feet warm and dry. It is good practice to keep an extra pair of socks available in case your feet get wet during the day.

Al Hagen
Safety Director

Madelia Community Hospital Groundbreaking

Robert W. Carlstrom Co., Inc has recently begun construction of an addition to the Madelia Community Hospital in Madelia, MN. Pictured at right are several hospital employees who participated in the groundbreaking ceremonies held Wednesday, October 22.

From left to right: Elaine Reed, Deidre Hruby, Stacie Cook, Linda Yurcek, Terri Baumgartner, Donna Klinkner, and Sheila Bertilson.



Creative Company

Currently, Robert W. Carlstrom Co., Inc. is constructing a new office and warehouse for Creative Company in North Mankato. Completion of this project is expected mid-January.

The picture to the left shows the beginnings of a unique exterior to their office area, which will include angled panel walls constructed of galvanized metal.

Thanks for all your hard work on this challenging project!
Dan Gjerde



Mankato Clinic at Madison East Center

As you read this, work is being completed on the first phase of remodeling for the Mankato Clinic Psychiatric Clinic at Madison East Mall. Robert W. Carlstrom Co., Inc. was selected as General Contractor for this project after competitively bidding the job earlier this fall. The owner will take occupancy early December at which time we will renovate the area of their current operations, with final completion in January. Thanks to the entire team for their diligence with regard to the aggressive schedule. Job well done.

Bill Sabel



Mankato Clinic Psychiatric Clinic
Paulsen Architects

CURRENT PROJECTS

- * Midwest Wireless Addition, Mankato, Paulsen Architects
- * Technology Plus Expansion-Construction Managers, Eastwood Industrial Centre, Mankato, Paulsen Architects
- * Creative Company, North Mankato, James Dayton Design, LTD
- * Mankato Clinic Psychiatric Clinic at Madison East, Mankato, Paulsen Architects
- * Madelia Hospital Addition, Madelia, Engan Associates, P.A.
- * Church of St. Joseph, Owatonna, Kane & Johnson Architects
- * ISJ/Mayo CT Scan Addition, Mankato, Ellerbe Becket Architects
- * Kraft Foods, New Ulm, TKDA & Associates, Inc
- * Crown Cork & Seal, various projects
- * Taylor Corporation, Mankato misc. small projects

EMPLOYEE SPOTLIGHT

Recently joining the Robert W. Carlstrom Co., Inc. construction crew is a dedicated, loyal, organized carpenter named Aaron Furst. Aaron has over 42 years of experience working in the construction industry. Before joining the RWC team, Aaron had spent his entire construction career with George E. Carlstrom Co. When asked what he liked most about the construction industry, Aaron replied that he liked working around the heavy equipment and particularly enjoys the people that he works and deals with on a day-to-day basis.



Aaron Furst, Job Superintendent

Aaron and his wife live just outside of Mankato and have four children. One of Aaron's sons, Keith, has also recently joined the RWC team as a carpenter. In his spare time, Aaron enjoys antiques, gardening, yard work, and hopes to someday retire to fishing and hunting.

WINTER SAFETY TIPS

Snow and ice cause a rise in the number of slips and falls every winter. Here are a few tips to prevent falls both on the jobsite and off:

- * Wear shoes that provide good traction
- * Dress warmly. Being cold may cause you to hurry or tense muscles-both of which can affect your balance
- * Be extremely careful getting out of your vehicle.
- * Don't take shortcuts. Always use sidewalks and cleared paths in parking lots.
- * Pay attention to the walking surface.
- * When walking after sunset or in shadowed areas, be alert for black ice.
- * Carry only those items necessary

Courtesy of BJC HealthCare web site

ON THE JOB SITE:

- * If you notice the job site is starting to get slick with ice or snow, please take a minute to throw some sand down. Chances are if you slipped, the next person will too.
- * Be careful when walking on planks, always take the time to scrape them off.

TECHNOLOGY: Job Management, Superintendents, & Subcontractors

Computers: Most of our Job Superintendents have laptop computers, internet access and e-mail addresses. Our one-year-goal is to have a good number of our projects managed on-line. All RFI's (Requests for Information) etc. will be accessed and managed via a website. Our subcontractors will receive an access code for that job, and information will be communicated through that website.

It's possible that our Superintendents' e-mail addresses may change from job-to-job. Depending on the job locale, some are connected to the internet via Midwest Wireless and some are connected through a local internet supplier. At the current time, that dictates which e-mail address they will utilize.

Phone Numbers: We published our new phone numbers in our October

RWC Crew Talk. Please keep in mind that our Superintendents' land phone numbers may change, particularly if they are working outside Blue Earth County/North Mankato. We always have a land-line on all job sites for faster tracking if a 911 call becomes necessary.

As each job commences, all parties involved in the project should share their information at the pre-construction meeting. If you are currently involved in one of our projects, and you need any of our numbers, please contact our office.

All office employees are listed on our website:

www.rwcarlstrom.com

**Current Job Information
December 2003**

Chad Amundson
rwcc Chad@myclearwave.net
P 507-327-0007 F 507-327-0008

Bernie Davey
Not Available at this time

Roger Hendrickson
rwcroger@myclearwave.net
P 507-344-4931 F 507-625-1185

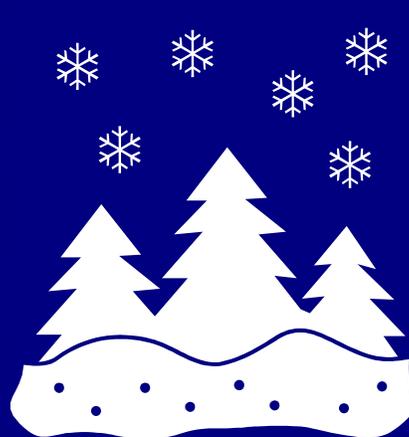
Craig Jaskulke
P 507-385-5995 F 507-385-5997

Jim Jirak
rwcsup@rwcarlstrom.com
P 507-344-4928 F 507-625-4543

Kirby Loewen
Not available at this time

Mick McMartin
rwcmick@myclearwave.net
P 507-451-2625 F 507-451-2609

Arnie Nimps
rwcarnie@myclearwave.net
P 507-642-8408 F 507-642-8408



The entire staff of
Robert W. Carlstrom Co., Inc.
joins in sending you
Holiday Greetings with best
wishes for the New Year!

December 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Jerry Salfer	3	4	5 Tracy Coy	6
7	8	9	10	11	12	13 Steve Tollefson
14 Jason Jaskulke	15	16	17	18 Dale Van Stelten-8 yrs	19 Jim Jirak	20 Bill Sabel
21	22	23	24 Christmas Eve	25 Christmas Day Office Closed	26	27
28	29	30	31 New Years Eve			

Birthday

Employment Anniversary

January 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New Years Day Craig Jaskulke-32 yrs Office Closed	2	3 Victor Wendt
4	5	6 Mark Stadler	7	8	9	10
11	12	13	14	15	16	17 Gene Abdo
18 Dave Lovick	19	20	21	22	23	24
25	26	27	28	29	30	31 Arvin Rustman-4 yrs