

RWC Crew Talk

In this issue:

ISJ Cardiology Expansion Project	1
Spike's Safety Spotlight	2
Eide Bailly Office Addition	2
Madelia Community Hospital Addition & Renovation	3
Employee News	3
Current Projects	4
3rd Annual Career Expo	4

ISJ CARDIOLOGY EXPANSION PROJECT



This January, RWC completed the ISJ Cardiology Expansion Project at the ISJ Hospital Campus in Mankato. The completion of this \$23 million, 53,500 sf addition signified the conclusion of 18 months of construction and many years of meetings and pre-planning for RWC. It is also the beginning of a new and exciting step forward for ISJ and the communities they will serve with this world class facility and state-of-the-art technology that it brings in the area of heart health. The project is significant in many ways including being the largest expansion project for ISJ in their entire 116 year history; the largest project in RWC history and one of the largest development projects in recent Greater Mankato Area history. The highlights of the new building include two new cardiac cath labs, 10 bed patient recovery area, patient exam and procedure rooms, a cardiac rehabilitation area, physicians' offices,

employee lounge and locker rooms and a new two story grand lobby inside the new entrance. The major challenge with this addition was that it had to be built in between two existing buildings (one at an angle), connected on three levels including the lower level and first and second floors with 11 different hallway connections between the new and existing buildings. Each connection required a separate remodeling project at each location to create the seamless transition between the new and existing buildings. Each area proved to be challenging and required special care from each of our employees and subcontractors as to not create any negative impact on the Hospital and Clinic Facilities or their patients during the construction process. The completion of this project is a tribute to the hard work of the many people involved in the construction of this project. We especially thank the ISJ Hospital and Clinic Staff, including Rick Westmark, Anne Chapman, Brian Gager, Lisa Hammel, Dan Briggs, Steve Hammes, Greg Wersal, Heidi Neumiller and all other ISJ employees who contributed to the project. We would also like to thank Ellerbe Becket, the Project Architect and Engineer including Mike Spence, Eric Strickland, Kim Pierson, Jim Lohmann, Cliff Ingles and Dave Lyon. We finally would like to thank Chad Amundson, RWC Construction Manager, the RWC crew who worked on this project and all the subcontractors for all their hard work on this project.

Robert W. Carlstrom Co., Inc

1901 Excel Dr

PO Box 786

Mankato, MN 56002-0786

Phone: 507-625-2872

Fax: 507-388-2513

Email: rwc@rwcarlstrom.com

www.rwcarlstrom.com

Jeremy Hatlevig Project Manager

RWC Crew: Erik Andersen, Dale Anthony, Andrew Bahr, Chad Becker, Wade Carrigan, Tim Clabo, Roger Davey, Matthew Drown, Michael Duff, Glenn Eilders, Peter Eustice, Keith Furst, Terry Gappa, Jason Gleason, Robert Hawker, Stephen Herz, Chris Jansma, Duane Karels, Loren Karels, Richard Landsteiner, Mark Lemerond, Kirby Loewen, Daryl Mosenden, Brent Otto, Heath Pickell, Kyle Ramaker, Gary Roemhildt, Anthony Romero, Jake Romsdahl, Arvin Rustman, David Ryan, Jim Schmidt, Tim Sexton, Michael Sheldon, Thomas Stadick, Mark Stadler, Lowell True, Bob Umhoefer, John Weldon, Paul Wels, Jared Wendt, Vic Wendt, and Curt Willson





SPIKE'S SAFETY SPOTLIGHT



Congratulations again RWC crews for three years and four months with no lost time on our OSHA 300 log for reportable injuries.

In reviewing last year's OSHA 300 log, we reported seven injuries; six of which fell under job transfer or with restrictions and one that fell under other recordable cases which means he was seen by a doctor and given something more than over-the-counter strength medication.

Some of the bitter cold is behind us but more than likely it's not over. Those working outside should take extra precautions against exposure to the hazards at work and at home, as prolonged exposure can result in frostbite in a matter of minutes if wind chill temperatures are around 20 to 30 below zero. So remember to dress in layers and keep all exposed skin covered. As you all know, snow will be around for another few months and February and March are when we seem to get the most accumulation. So remember to keep the walkways and work

areas shoveled and sanded to prevent slipping.

Training updates: The carpenters union recently held an OSHA 10 hour class and may hold another one soon if there is enough interest. Also, there is a scaffold class covering welded frame systems and tube and clamp which is scheduled for March 29th from 7:00 am – 3:30 pm, April 7th from 4:30 – 9:30 pm, April 8th from 4:30 – 9:30 pm, April 14th from 4:30 – 9:30 pm and then the hands-on training on April 19th from 7:00 am – 3:30 pm. There are eleven people signed up so far, so there is still room! This class is not to be confused with the apprentice's user card they get at school. This is an erector certification that is good for four years and can be renewed with an 8 hour class making it good for another four years. To sign up for this class or any other class, the training center prefers you call them directly at their toll free number 888-650-3422.

That's it for now, keep up the good work, and remember to keep thinking safety!

Al Hagen, Safety Director

Eide Baily Office Addition



RWC construction crews and subcontractors completed a 12,421 sf office addition for Eide Baily in just 17 weeks. Thorough pre-construction planning allowed Eide Baily to occupy the space only eleven weeks after the erection of the precast wall panels.

Included in the addition are 16 individual offices, 21 cubicles, 2 conference rooms, a 48-seat training room as well as bathrooms, an expanded break room, storage rooms and a new electrical/server room. Also the technology throughout the building was updated and the audio/visual equipment has been improved. Their frequently-used training room now has the capabilities for video conferencing and web casts rather than the conference calls that were previously used for meetings.

To keep the facility *visually* interesting, Eide Baily will be using the connecting link between the original and new space as a venue for regional artists to showcase their work. The goal of the "gallery" is to support and promote 4-6 artists per year to their clients and within the community.

Thanks to Joe Willaert, Chuck Christiansen, Bill Stone, Paula Brooks and Carla Hedding from Eide Baily, Joey Wendinger from I & S Group, Superintendent Arnie Nimps and the RWC crew and subcontractors for the cooperation and teamwork to complete this project safely and on time in the tight schedule allowed.

RWC Crew: James Amundson, Dale Anthony, Wade Carrigan, Tim Clabo, Roger Davey, Michael Duff, Glenn Eilders, Peter Eustice, Terry Gappa, Jason Gleason, Robert Hawker, Mitchell Kalar, Mark Lemerond, Timothy Leonhardt, Leland Miller, Brent Otto, Joseph Passante, Heath Pickell, Kyle Ramaker, Gary Roemhildt, Jake Romsdahl, Arvin Rustman, Tim Sexton, Thomas Stadick, Mark Stadler, Lowell True, Bob Umhoefer, and Dale Van Stelten



Madelia Community Hospital Addition and Renovation



Madelia Community Hospital's new addition and remodel have been completed. The project was set up in four phases in order to keep the construction disruption to a minimum.

Phase 1 included a new 6,570 sf addition to house the new patient wing which includes eight new patient rooms, a new health information medical records room, meditation room, new lobby and a new elevator. A new electrical room was also added to the back of the hospital with a new 500kw generator for standby power.

Phase 2 included remodeling the Administration office area, a new room for pharmacy, a new room for nursery and the first half of the new nurse's station.

Phase 3 included the second half of the new nurse's station, a new conference room, and a new office.

Phase 4 included remodeling the emergency room, material management room and room #5 into a mothers' room.

This project required constant coordination from all parties involved through the construction phases. Safety and infection control were top priorities for both the hospital and construction crews.

RWC is currently finishing out the basement to move Physical Therapy to this new area.

A special thanks to the Hospital Building Committee of Candace Fenske, Mike Storlien, Deidre Hurby, Donna Klinkner, Monique Hoffman, Dennis Arduser, Steve Cooling, Tom McCabe, Barb Overlie and Lynn Steiert, Paulsen Architects, Dunham Associates, and RWC job superintendent Jim Jirak.

Dan Gjerde, Project Manager

RWC Crew: Jim Amundson, Erik Andersen, Dale Anthony, Andrew Bahr, David Barke, Chad Becker, Wade Carrigan, Tim Clabo, Roger Davey, Matthew Drown, Glenn Eilders, Peter Eustice, Garrett Glasser, Robert Hawker, Richard Holz, Lars Idso, Chris Jansma, Duane Karels, Mark Lemerond, Tim Leonhardt, Daryl Mosen, Paul Nuytten, Brent Otto, Heath Pickell, Anthony Romero, David Ryan, Jim Schmidt, Donald Serr, Tim Sexton, Thomas Stadick, Mark Stadler, Gregory Sunderman, Jared Wendt, Vic Wendt, and Jeffrey Wirig



Employee News

Congratulations to carpenter, Arvin Rustman, on his retirement, February 1st. Arvin began at RWC in 2000. For now he is enjoying his retirement and spending his time taking care of their horses and working around the house. Once his wife retires they would like to do more traveling.

Congratulations to Jeremy Hatlevig, Project Manager, and his wife, Kelsie, on the birth of their son Jackson Mitchell, November 14, 2007. He was welcomed home by big brother, Dylan (2).





1901 Excel Dr
PO Box 786
Mankato, MN 56002-0786
Phone: 507-625-2872
Fax: 507-388-2513

Current Projects

- ISJ/Mayo Health System Cardiology/Oncology Expansion, Mankato, Ellerbe Becket, Inc.
- Madelia Community Hospital Addition and Renovation, Madelia, Paulsen Architects
- Heintz Toyota Dealership, Mankato, I & S Group
- Blue Earth County Justice Center Concrete Work, Mankato, Paulsen Architects
- Kraft Foods various projects, New Ulm
- Eide Bailly LLC Addition, Mankato, I & S Group

3rd Annual Greater Mankato Career Expo

Planning is well underway for the 3rd Annual Greater Mankato Career Expo. In the past, over 1200 10th grade students from Mankato and surrounding area schools have taken part in this event to explore various career options. A wide variety of businesses will be highlighting their industries by providing hands-on, interactive exhibits to give a better understanding of what their industry involves and what kinds of skills are needed to succeed in their field.

We are always looking for more businesses to participate so if you are interested or want more information, please either give me a call at 507-344-4918 or email me at racheld@rwcarlstrom.com.

Rachel Dent
Marketing/Project Coordinator